

## Country Specific Information for Ireland

### Pupils with mental health difficulties



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**YourMentalHealth.ie** in association with HSE, the National Office for Suicide Prevention and partner organisations across the country.

**Aware** provides interactive talks and workshops in schools (for pupils aged 15-18) as well as education and training programmes for the workplace are delivered nationwide.

**Jigsaw** is the National Centre for Youth Mental Health and provides vital supports to young people with their mental health by working closely with communities across Ireland.

**The Department of Education and Skills** has issued guidelines for post-primary school on promoting well-being, mental health and suicide prevention.

### Social Personal and Health Education (SPHE)

The SPHE programme reflects the unique ethos of each school. The attitudes, skills and values fostered in the SPHE classroom can only truly flourish in a school where all members of the school community are treated with respect and dignity.

### **Professional Development Service for Teachers (PDST)**

The PDST is Ireland's largest single support service offering professional learning opportunities to teachers and school leaders in a range of pedagogical, curricular and educational areas.

### **TUSLA**

The Child and Family Agency is the dedicated State agency responsible for improving wellbeing and outcomes for children. It represents the most comprehensive reform of child protection, early intervention and family support services ever undertaken in Ireland. The Agency operates under the Child and Family Agency Act 2013.

### **Children First**

Provides the national guidance for the protection and welfare of children in Ireland. The guidance is the roadmap to help parents, professionals, organisations and the general public to identify and report child abuse and welfare concerns.

### Links

<http://www.yourmentalhealth.ie/>

<http://www.aware.ie/>  
<https://www.jigsaw.ie>  
[www.education.ie/en/Schools-Colleges/Information/Resources-Guidance/Well-Being-in-Post-Primary-Schools-Guidelines-for-Mental-Health-Promotion-and-Suicide-Prevention-2013.pdf](http://www.education.ie/en/Schools-Colleges/Information/Resources-Guidance/Well-Being-in-Post-Primary-Schools-Guidelines-for-Mental-Health-Promotion-and-Suicide-Prevention-2013.pdf)  
[www.sphe.ie](http://www.sphe.ie)  
[www.pdst.ie](http://www.pdst.ie)  
<http://www.tusla.ie/>  
 Children First: National Guidance for the Protection and Welfare of Children [2011]  
 Child and Family Agency Act 2013

### Useful Links Provided by the Department of Education and Skills

Press-Release 13-01-2017 (Regional Forum on Wellbeing in Education)  
 National Educational Psychological Service (NEPS) (link also provided under **Special Needs**)  
[Student Support Teams in Post Primary Schools](#)  
[Well-Being in Post-Primary Schools](#)  
[Well-Being in Primary Schools](#)  
 Social Personal and Health Education (SPHE) (also see <http://www.sphe.ie/> )  
 Child Protection  
 Bullying Information for Parents and Students  
[Anti-Bullying Procedures in Schools](#)  
[Post Primary School Policies](#)  
 National Centre for Guidance in Education (NCGE)